



**HUMAN RESOURCES OFFICE
TECHNICIAN / AGR ADMINISTRATIVE INSTRUCTION**

Number: 10-55

20 October 2010

**Civil Service Retirement System (CSRS) and
Federal Employee Retirement System (FERS) 2011 Seminars**

1. Have you planned for retirement? Will your retirement annuity cover living expenses? Will the Thrift Savings Plan (TSP) and/or Social Security affect retirement? How do you elect a survivor annuity? Have you bought back your military service and/or qualifying temporary federal employment? What medical coverage is available?

Professionals including a retirement counselor, legal advisor, and financial advisor will be present at our upcoming retirement seminars to answer these questions and more. Every federal technician should make retirement and financial planning a priority. It is recommended all technicians attend three seminars during their federal careers: at the beginning; middle; and five years prior to retirement. The seminar dates are as follows:

Civil Service Retirement System (CSRS): **4-5 May 2011**

Federal Employees Retirement System (FERS):

7-8 or 9-10 March 2011

2-3 May 2011

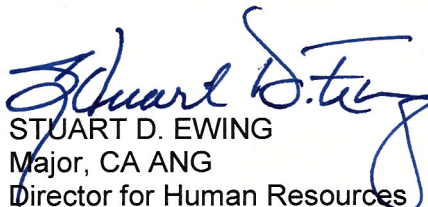
18-19 or 20-21 July 2011

17-18 or 19-20 Oct 2011

2. Approximately 50 seats are available in each class. Spouses are encouraged to attend. Travel days are the day before and after the published dates. All training will be held at the Sacramento Marriot Rancho Cordova, Rancho Cordova, CA 95742. Specific details for each seminar will be published prior to attendance.

3. If you wish to attend a seminar, complete a Standard Form (SF) 182, Authorization, Agreement and Certification of Training. The SF 182 should be forwarded to the Human Resources Office through the remote designee of your unit. All technicians must make their travel arrangements through the Defense Travel System (DTS).

4. For questions regarding the seminars, please contact Ms. Lisa Nagata at (916) 854-3601. You may also contact SPC Shawn Brum at (916) 854-4250. Additionally, you may email them at the following link: NGCAJ1HRO-HRDS@ca.ngb.army.mil.


STUART D. EWING
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